

### 39. TÝŽDEŇ:

ROZPIS TRÉNINGOV NA IHRISKU UT PLTNÍKY od 21.09.2026 do 27.09.2026:

| KATEGÓRIE:               | PONDELOK                                               | UTOROK                            | STREDA                                                 | ŠTVRTOK                               | PIATOK                    | SOBOTA                                                    | NEDEĽA |
|--------------------------|--------------------------------------------------------|-----------------------------------|--------------------------------------------------------|---------------------------------------|---------------------------|-----------------------------------------------------------|--------|
| MŽ – U13/U12             | 14.00 – 15.30 hod.<br>U13                              | 09.00 – 13.00 hod.<br>KZ SsFZ U13 | 14.00 – 15.30 hod.<br>U12                              | 17.00 – 18.30 hod.<br>Goalkeeper camp | 14.00 – 15.15 hod.<br>U13 | 09.00 hod.<br>TJ – MUŽI „A“<br><br>10.30 hod.<br>TJ – U19 |        |
|                          | 14.00 – 15.30 hod.<br>U12                              |                                   | 14.00 – 15.30 hod.<br>U13                              |                                       | 14.00 – 15.15 hod.<br>U12 |                                                           |        |
| SŽ – U15/U14             | 15.15 – 16.45 hod.<br>U15                              |                                   | 15.15 – 16.45 hod.<br>U15                              |                                       | 15.00 – 16.15 hod.<br>U15 |                                                           |        |
|                          | 15.15 – 16.45 hod.<br>U14                              |                                   | 15.15 – 16.45 hod.<br>U14                              |                                       | 15.00 – 16.15 hod.<br>U14 |                                                           |        |
| MD – U17                 | 16.30 – 18.00 hod.<br>U17                              | 16.00 – 17.30 hod.<br>U17         | 16.30 – 18.00 hod.<br>U17                              |                                       | 16.00 – 17.30 hod.<br>U17 |                                                           |        |
| SD - U19<br><br>MUŽI „A“ | 07.00 – 07.45 hod.<br>U19 - posilňovňa ZŠ<br>Hurbanova | 16.00 – 17.30 hod.<br>U19         | 07.45 – 08.30 hod.<br>U19 - posilňovňa ZŠ<br>Hurbanova | 16.30 – 18.00 hod.<br>U19             |                           |                                                           |        |
|                          |                                                        |                                   | 16.30 – 18.00 hod.<br>U19                              |                                       |                           |                                                           |        |
|                          |                                                        |                                   | 18.00 – 19.30 hod.<br>MUŽI „A“                         | 17.30 – 19.30 hod.<br>MUŽI „A“        |                           |                                                           |        |

**ROZPIS TRÉNINGOV NA INÝCH IHRISKÁCH od 21.09.2026 do 27.09.2026:**

|                                     | PONDELOK | UTOROK                                                                                                               | STREDA | ŠTVRTOK                                                                                                              | PIATOK | SOBOTA                                                                 | NEDEĽA |
|-------------------------------------|----------|----------------------------------------------------------------------------------------------------------------------|--------|----------------------------------------------------------------------------------------------------------------------|--------|------------------------------------------------------------------------|--------|
| MŽ – U13/U12<br>SŽ – U15/U14        |          |                                                                                                                      |        |                                                                                                                      |        | 10.00/12.00 hod.<br>U15/U14<br>MT – FK POHRONIE<br>– ihrisko Bystrička |        |
| WU11<br><br>WU15<br><br>WU19 + ŽENY |          | 14.30 – 16.00 hod.<br>WU11/WU15<br>- ihrisko Hurbanova<br><br>16.00 – 17.30 hod.<br>WU19/ŽENY<br>- ihrisko Hurbanova |        | 14.30 – 16.00 hod.<br>WU11/WU15<br>- ihrisko Hurbanova<br><br>16.00 – 17.30 hod.<br>WU19/ŽENY<br>- ihrisko Hurbanova |        |                                                                        |        |

**ROZPIS TRÉNINGOV od 21.09.2026 do 27.09.2026 – ZŠ s MŠ HURBANOVA:**

| KATEGÓRIE: | PONDELOK                                   | UTOROK                                                                                                         | STREDA                                                   | ŠTVRTOK                                                                                                        | PIATOK                                                     | SOBOTA | NEDEĽA |
|------------|--------------------------------------------|----------------------------------------------------------------------------------------------------------------|----------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|------------------------------------------------------------|--------|--------|
| U8 – U9    | 17.00 – 18.30 hod.<br>U8 - telocvičňa      |                                                                                                                | 16.30 – 18.00 hod.<br>U9<br><br>17.00 – 18.30 hod.<br>U8 |                                                                                                                | 16.30 – 18.00 hod.<br>U9<br><br>17.00 – 18.30 hod.<br>U8   |        |        |
| U10 – U11  | 16.00/17.00 hod.<br>U11/10/9<br>MT - NIŽNÁ |                                                                                                                | 15.00 – 16.30 hod.<br>U10                                | 14.45 – 16.15 hod.<br>U11                                                                                      | 14.45 – 16.15 hod.<br>U11<br><br>15.00 – 16.30 hod.<br>U10 |        |        |
| U7 – U6    |                                            | 16.00 – 17.00 hod.<br>U7 – telocvičňa ZŠ<br>Hurbanova<br>17.00 – 18.00 hod.<br>U6 – telocvičňa ZŠ<br>Hurbanova |                                                          | 16.00 – 17.00 hod.<br>U7 – telocvičňa ZŠ<br>Hurbanova<br>17.00 – 18.00 hod.<br>U6 – telocvičňa ZŠ<br>Hurbanova |                                                            |        |        |
| U19/17/16  |                                            |                                                                                                                |                                                          |                                                                                                                |                                                            |        |        |