

# 04. TÝŽDEŇ:

ROZPIS TRÉNINGOV NA IHRISKU UT PLTNÍKY od 19.01.2026 do 25.01.2026:

| KATEGÓRIE:   | PONDELOK                                                   | UTOROK                    | STREDA                                                     | ŠTVRTOK                                                    | PIATOK                                                     | SOBOTA                                                                          | NEDEĽA                                    |
|--------------|------------------------------------------------------------|---------------------------|------------------------------------------------------------|------------------------------------------------------------|------------------------------------------------------------|---------------------------------------------------------------------------------|-------------------------------------------|
| MŽ – U13/U12 | 14.00 – 15.30 hod.<br>U13<br><br>14.00 – 15.30 hod.<br>U12 |                           | 14.00 – 15.30 hod.<br>U13<br><br>14.00 – 15.30 hod.<br>U12 |                                                            | 14.00 – 15.15 hod.<br>U13<br><br>14.00 – 15.15 hod.<br>U12 | 10.00 hod.<br>MUŽI<br>MT – ŽABOKREKY<br><br>12.30 hod.<br>U19<br>MT - VÍTKOVICE | 11.00/13.00 hod.<br>U15/U14<br>MT – OPAVA |
| SŽ – U15/U14 | 15.15 – 16.45 hod.<br>U15<br><br>15.15 – 16.45 hod.<br>U14 |                           | 15.15 – 16.45 hod.<br>U15<br><br>15.15 – 16.45 hod.<br>U14 |                                                            | 15.15 – 16.30 hod.<br>U15<br><br>15.15 – 16.30 hod.<br>U14 |                                                                                 |                                           |
| MD – U17/U16 | 16.30 – 17.45 hod.<br>U17<br><br>16.30 – 17.45 hod.<br>U16 | 16.00 – 17.30 hod.<br>U17 |                                                            | 16.00 – 17.30 hod.<br>U17<br><br>16.00 – 17.30 hod.<br>U16 | 16.15 – 17.30 hod.<br>U17<br><br>16.15 – 17.30 hod.<br>U16 |                                                                                 |                                           |
| SD - U19     | 18.00 – 19.30 hod.<br>U19                                  | 17.30 – 19.00 hod.<br>U19 | 17.30 – 19.00 hod.<br>U19                                  |                                                            | 17.30 – 19.00 hod.<br>U19                                  |                                                                                 |                                           |
| MUŽI „A“     | 17.30 – 19.00 hod.<br>„A“                                  |                           | 17.30 – 19.00 hod.<br>„A“                                  |                                                            | 17.30 – 19.00 hod.<br>„A“                                  |                                                                                 |                                           |

ROZPIS TRÉNINGOV NA INÝCH IHRISKÁCH od 19.01.2026 do 25.01.2026:

|                                     | PONDELOK | UTOROK                                                                   | STREDA | ŠTVRTOK                                                                  | PIATOK                                             | SOBOTA | NEDEĽA |
|-------------------------------------|----------|--------------------------------------------------------------------------|--------|--------------------------------------------------------------------------|----------------------------------------------------|--------|--------|
| MŽ – U13/U12<br>SŽ – U15/U14        |          |                                                                          |        |                                                                          |                                                    |        |        |
| WU11<br><br>WU15<br><br>WU19 + ŽENY |          | 14.30 – 16.00 hod.<br>WU15/WU11<br><br>16.00 – 17.30 hod.<br>WU19 + ženy |        | 14.30 – 16.00 hod.<br>WU15/WU11<br><br>16.00 – 17.30 hod.<br>WU19 + ženy | 14.30 – 15.30 hod.<br>WU15<br>posilňovňa Hurbanova |        |        |

ROZPIS TRÉNINGOV od 19.01.2026 do 25.01.2026 – ZŠ s MŠ HURBANOVA:

| KATEGÓRIE: | PONDELOK                                                   | UTOROK                                                                                               | STREDA                                                   | ŠTVRTOK                                                                                              | PIATOK                                                     | SOBOTA | NEDEĽA |
|------------|------------------------------------------------------------|------------------------------------------------------------------------------------------------------|----------------------------------------------------------|------------------------------------------------------------------------------------------------------|------------------------------------------------------------|--------|--------|
| U8 – U9    | 16.30 – 18.00 hod.<br>U9<br><br>16.30 – 18.00 hod.<br>U8   |                                                                                                      | 16.30 – 18.00 hod.<br>U9<br><br>16.30 – 18.00 hod.<br>U8 | 16.30 – 18.00 hod.<br>U9<br><br>16.30 – 18.00 hod.<br>U8                                             |                                                            |        |        |
| U10 – U11  | 14.30 – 16.00 hod.<br>U11<br><br>15.00 – 16.30 hod.<br>U10 |                                                                                                      | 14.30 – 16.00 hod.<br>U11                                | 15.00 – 16.30 hod.<br>U11                                                                            | 14.30 – 16.00 hod.<br>U11<br><br>15.00 – 16.30 hod.<br>U10 |        |        |
| U7 – U6    |                                                            | 16.00 – 17.00 hod.<br>U7<br>telocvičňa Hurbanova<br>17.00 – 18.00 hod.<br>U6<br>telocvičňa Hurbanova |                                                          | 16.00 – 17.00 hod.<br>U7<br>telocvičňa Hurbanova<br>17.00 – 18.00 hod.<br>U6<br>telocvičňa Hurbanova |                                                            |        |        |
| U19/17/16  |                                                            |                                                                                                      | 16.00 – 17.30 hod.<br>U16                                |                                                                                                      |                                                            |        |        |

V prípade nepriaznivého počasia: **Pondelok** – U9 16.00-17.00 hod., U8 17.00-18.00 hod. – TELOCVIČŇA, **Streda** – U9 17.00-18.00 hod., U8 16.00-17.00 hod. – TELOCVIČŇA, **Štvrtok** – U8 16.30-18.00 hod. – TELOCVIČŇA, **Piatok** – U9 18.00-19.30 hod. - TELOCVIČŇA